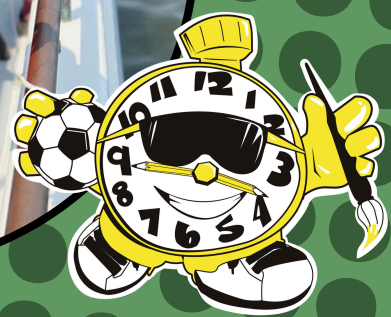


GET READY FOR AN ADVENTURE

Summer 2024



What's in the Welcome Packet



1. Welcome Letter & Meet the Director
2. Before Camp To-do list
3. Electronic Policy
4. What to Bring List
5. Camp Schedules
6. FAQ's



Welcome To Adventure Camp

First off, I wanted to thank you for entrusting the KAH Adventure Camp team with the care of your camper. It is a trust we work hard to keep. We are a tight-knit team of KAH directors and group leaders and we continually undergo training and professional development courses to improve our knowledge and skill sets to best serve your camper!

Being a past camper myself, I understand the huge impact camp can have on kids and teens, and it is from this perspective I will do everything we possibly can to ensure their safety while also having a ton of fun!

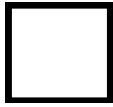
We have been planning this Summer since last Summer and we cannot wait for all of the **FANTASTIC** fun we have planned!

Meet
Andrew!



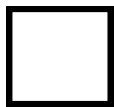
Hello, my name is Andrew Wajid-Ali, Director of Adventure Camp. I received my Associate's Degree in Elementary Education from Montgomery College and have worked with kids since I was 15. As a past Adventure Camper, I am thrilled every Summer I get the privilege of Directing Adventure Camp. Get ready for an amazing Summer and feel free to ask me any questions you may have, I love chatting about camp!

Before Camp To-Do List



1. Complete Summer Camp Forms:

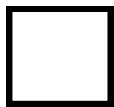
These can be found on our website at: <http://www.kidsafterhours.com> And, I know it stinks, but these need to be filled out even if your child is a returning camper or comes to us during the school year... OH! One more thing, you only need to fill out the **Medication Administration Form** and have a doctor sign the Emergency Contact form if your child will need to take medication during the camp day (**this includes emergency medication like epi-pens and inhalers**).



2. Look Over Camp Schedules!

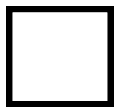
Please double check to make sure your child is enrolled for the correct weeks! If you need to make any changes or have any questions, feel free to give us a call!

PLEASE CANCEL ANY WEEKS YOU NO LONGER NEED
We don't want you to pay for a week you will not use



3. Join Our Camp Orientation!

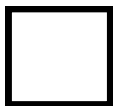
We would love for you and your child(ren) to join our camp orientation! It's not mandatory, but we would love the chance to meet you all! This is a great opportunity to meet the camp director, counselors, and ask any questions you have before camp begins! Camp Orientation will be **June 12th at 7pm at Garrett Park Elementary**



4. Know The Tuition Info:

We will not be able to have automatic billing for this summer. If you would like to pay in full, or need to rearrange due dates please let us know! The tuition dates can be seen below:

Weeks 1,2,3 will be due June 1st 2024
Weeks 4,5,6 and 7 will be due July 1st 2024
Weeks 8 and 9 will be due August 1st 2024



5. Get Ready For A GREAT Summer!

Check our "What to bring" lists on our website to see what your child will need for camp each day!

ELECTRONICS POLICY!



Do you remember the butterflies in your stomach on the first day of school or joining a new team? Do you remember when you had to solve those little problems of childhood (where to sit, who to sit with, asking an adult for help)? Or how those jittery feelings at the beginning of the day slowly dissolved as you felt comfortable and learned that YOU could solve your own problems. These are important lessons that our children (grandkids in my case) need to learn as part of growing up. We want kids to tackle these movements head-on, without a digital crutch. Cell phones and electronics get in the way of that important growing process.

Cell phones and electronics hinder these important goals. Not to mention having to police the content kids may be viewing. For these reasons, phones and watches should NOT be brought to camp. Please don't have your child "hide" their phone in their backpack. When we see phones or electronics we will make sure they are kept safe for the day and we will return them to families at pick-up.

Devices found at camp will be collected by the KAH staff and given back to campers at the end of the day.

For campers who have been found using a cell phone (or other electronic devices) multiple times, staff may take further disciplinary action.

Electronics to keep at home include:

Phones, smartwatches, gaming devices (ex. Nintendo Switch), mobile devices, computers



What to Bring

Along with what is listed below, Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- **Please keep electronics at home**

Week 1: June 17-21

- **Watermine:** bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- **Ropes Course/Pool:** close-toed shoes(no flip flops, sandals, or crocs on ropes course), bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar **SIGNED WAIVER**
- **Caving:** long pants and long sleeve shirt, close-toed shoes, bagged lunch, plastic bag shopping bag AND change of clothes (shorts, tshirt, flip flops)
- **Gunpowder Falls:** bathing suit, towel, change of clothes, bagged lunch lunch and/or for snack bar

Week 2: June 24-28

- **Great Waves:** bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- **Zava Zone & Pool:** close-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar, **SIGNED WAIVER**
- **Bay Fishing:** bagged lunch, SUNSCREEN, comfortable clothes, parents can give motion sickness medicine at dropoff if desired
- **Patapsco:** bathing suit, towel, close-toed shoes/water or pool shoes, change of clothes, bag lunch
- **Guppy Gulch:** bathing suit, towel, change of clothes, bag lunch, **SIGNED WAIVER**



What to Bring

Along with what is listed below, Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- **Please keep electronics at home**

Week 3: July 1-5

- **Rocky Point Beach:** bathing suit, towel, change of clothes, bagged lunch
- **Beaver Dam:** bathing suit, towel, change of clothes, lunch and/or \$ for snack bar, life jackets provided
- **Paintball:** long pants and a long shirt (old clothes), change of clothes optional, close-toed shoes, bagged lunch, **SIGNED WAIVER**

Week 4: July 8-12

- **Gunpowder Falls:** bathing suit, towel, change of clothes, bagged lunch and/or \$ for the snack bar
- **Caving:** long pants and long sleeve shirt, close-toed shoes, bagged lunch, plastic bag shopping bag AND a change of clothes (shorts, t-shirt, flip flops)
- **Potomac Playpass:** close-toed shoes/water or pool shoes(no flip flops, sandals, or Crocs on river), bathing suit, towel, bagged lunch, change of clothes, **SIGNED WAIVER**
- **Hiking & Pool:** close-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- **Great Waves:** bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside



What to Bring

Along with what is listed below, Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- **Please keep electronics at home**

Week 5: July 15-19

- **Watermine:** bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- **Wonderfly & Pool:** close-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar
- **Ropes Course/Pool:** close-toed shoes(no flip flops, sandals, or crocs on ropes course), bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar **SIGNED WAIVER**
- **White Water Rafting:** close-toed shoes/water or pool shoes(no flip flops, sandals, or crocs on the river), bathing suit, towel, bagged lunch, change of clothes
- **Guppy Gulch:** bathing suit, towel, change of clothes, bagged lunch, **SIGNED WAIVER**

Week 6: July 22-26

- **Rocky Point Beach:** bathing suit, towel, change of clothes, bagged lunch
- **Paintball:** long pants and long shirt (old clothes), change of clothes optional, close-toed shoes, bagged lunch, **SIGNED WAIVER**
- **Hiking & Pool:** close-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- **Beaver Dam:** bathing suit, towel, change of clothes, lunch and/or \$ for snack bar, life jackets provided
- **Great Waves:** bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside



What to Bring

Along with what is listed below,
Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- **Please keep electronics at home**

Week 7: July 29-August 2

- **Watermine:** bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- **Ocean City:** bathing suit, towel, ADVENTURE CAMP T-SHIRT, \$20 for the boardwalk, change of clothes
- **Wonderfly & Pool:** close-toed shoes and athletic wear, bathing suit, towel, change of clothes, bagged lunch, \$ optional for the snack bar
- **Bay Fishing:** bagged lunch, SUNSCREEN, comfortable clothes, parents can give motion sickness medicine at dropoff if desired
- **Gunpowder Falls:** bathing suit, towel, change of clothes, bagged lunch and/or \$ for snack bar

Week 8: August 5-9

- **Great Waves:** bathing suit, towel, change of clothes, bagged lunch optional(outside food not allowed inside), \$ for lunch/snacks inside
- **Paintball:** long pants and long shirt (old clothes), change of clothes optional, close-toed shoes, bagged lunch, **SIGNED WAIVER**
- **Ropes Course/Pool:** close-toed shoes(no flip flops, sandals, or crocs on ropes course), bathing suit, towel, change of clothes, bagged lunch, \$ optional for snack bar **SIGNED WAIVER**
- **Patapsco:** bathing suit, towel, close-toed shoes/water or pool shoes, change of clothes, bag lunch
- **Rocky Point Beach:** bathing suit, towel, change of clothes, bagged lunch



What to Bring

Along with what is listed below,
Each day you will need:

- Lunch (unless noted below)
- Frozen Water Bottle
- Sunscreen
- **Please keep electronics at home**

Week 9: August 12-16

- **Watermine:** bathing suit, towel, change of clothes, lunch, \$ for lunch/snacks inside optional
- **Potomac Playpass:** close-toed shoes/water or pool shoes(no flip flops, sandals, or crocs on river), bathing suit, towel, bagged lunch, change of clothes, **SIGNED WAIVER**
- **Hiking & Pool:** close-toed shoes/hiking boots, bathing suit, towel, change of clothes, bag lunch, \$ for concession stand (optional)
- **Guppy Gulch:** bathing suit, towel, change of clothes, lunch, SIGNED WAIVER
- **Medieval Times & Movies:** lunch provided, semi-formal wear (camp tradition!), \$ for movie concessions (optional)

2024



KAH

BUS 1

Farmland
Garrett Park

Adventure CAMP

Camp day is 9 am to 5 pm
**except where noted*

Trips will be rearranged within
the week to accomodate the buses.

1	June 17  Water Mine	18  Caving	19  No Camp	20  &  SWIMMING POOL	21  Gunpowder Falls
2	June 24  <small>AT CANTONVILLE RIVER RECREATION PARK</small>	25  SWIMMING POOL	26  Bay Fishing	27  Patapsco	28 ⁸⁻⁵  GUPPY GULCH
3	July 1  Rocky Point	2 ^{*8-5}  PAINTBALL	3  Beaver Dam	4-5  Independence Day Holiday No Camp	
4	July 8  Gunpowder Falls	9  Caving	10  Potomac Playpass	11  Hiking & Pool	12  <small>AT CANTONVILLE RIVER RECREATION PARK</small>
5	15  Water Mine	16  SWIMMING POOL	17  &  SWIMMING POOL	18 Whitewater Rafting 	19 ^{*8-5}  GUPPY GULCH

2024



KAH

BUS 1

Farland
Garrett Park

Adventure CAMP

Camp day is 9 am to 5 pm
**except where noted*

Trips will be rearranged within
the week to accomodate the buses.

6	22 Rocky Point	23 ^{*8-5} PAINTBALL	24 Hiking SWIMMING POOL	25 Beaver Dam	26 GREAT WAVES WATERPARK <small>IN CATERED AND RESORTS PARK</small>
7	July 29 Water Mine	30 ^{*7-7} Ocean City MARYLAND	31 wonderfly arena SWIMMING POOL	August 1 Bay Fishing	2 Gunpowder Falls
8	5 GREAT WAVES WATERPARK <small>IN CATERED AND RESORTS PARK</small>	6 ^{*8-5} PAINTBALL	7 High Ropes Course SWIMMING POOL	8 Patapsco	9 Rocky Point
9	12 ^{*8:30 - 4:30} Water Mine	13 ^{*8:30 - 4:30} river riders family adventure resort Potomac Playpass	14 ^{*8:30 - 4:30} Hiking & SWIMMING POOL	15 ^{*8-5} GUPPY GULCH	16 ^{*8:30 - 4:30} Medieval Times DINNER & TOURNAMENT & a Movie

No extended care available this week.

What to bring to camp:

- Bathing suit & Towel
- Lunch & Water Bottle
- Closed toe shoes

2024



KAH

BUS 2

Barnsley
Forest Knolls
Cloverly

Adventure CAMP

Camp day is 9 am to 5 pm
except where noted

1	June 17  Water Mine	18  Gunpowder Falls	19  No Camp	20  Caving	21  SWIMMING POOL
2	June 24  GREAT WAVES	25  Patapsco	26  SWIMMING POOL	27  Bay Fishing	28 ⁸⁻⁵  GUPPY GULCH
3	July 1  Rocky Point	2  Beaver Dam	3 ⁸⁻⁵  PAINTBALL	4-5  Independence Day Holiday No Camp	
4	July 8  Gunpowder Falls	9  Hiking & Pool	10  Caving	11  Potomac Playpass	12  GREAT WAVES
5	15  Water Mine	16 Whitewater Rafting  Whitewater Rafting	17  wonderflyarena SWIMMING POOL	18  SWIMMING POOL	19 ⁸⁻⁵  GUPPY GULCH





















2024



KAH Adventure CAMP

BUS 2
Barnsley
Forest Knolls
Cloverly

Camp day is 9 am to 5 pm
**except where noted*

6	22  Rocky Point	23  Hiking  SWIMMING POOL	24  Beaver Dam	25  PAINTBALL *8-5	26  GREAT WAVES WATERPARK <small>NO EXTENDED CARE AVAILABLE</small>
7	July 29  Water Mine	30  Bay Fishing	31  Ocean City MARYLAND *7-7	August 1  wonderflyarena  SWIMMING POOL	2  Gunpowder Falls
8	5  GREAT WAVES WATERPARK <small>NO EXTENDED CARE AVAILABLE</small>	6  Patapsco	7  PAINTBALL *8-5	8 High Ropes Course  SWIMMING POOL	9  Rocky Point
9	12 *8:30 - 4:30  Water Mine	13 *8:30 - 4:30  Hiking  SWIMMING POOL	14 *8:30 - 4:30  river riders family adventure resort Potomac Playpass	15 *8-5  GUPPY GULCH	16 *8:30 - 4:30  Medieval Times DINNER & TOURNAMENT & a Movie

No extended care available this week.

- What to bring to camp:
- Bathing suit & Towel
 - Lunch & Water Bottle
 - Closed toe shoes

2024



KAH

BUS 3

Flora
Singer

Adventure CAMP

Camp day is 9 am to 5 pm
except where noted

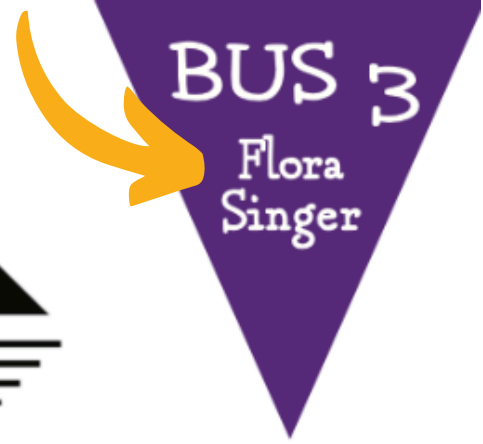
1	June 17  Water Mine	18  &  SWIMMING POOL	19  No Camp	20  Gunpowder Falls	21  Caving
2	June 24  GREAT WAVES WATERPARK <small>at CATHERINE VALE REGIONAL PARK</small>	25  Bay Fishing	26  Patapsco	27  ZAVAZONE SWIMMING POOL	28 ⁸⁻⁵  GUPPY GULCH
3	July 1  Rocky Point	2 ⁸⁻⁵  PAINTBALL	3  Beaver Dam	4-5  Independence Day Holiday No Camp	
4	July 8  Gunpowder Falls	9  Potomac Playpass	10  Hiking & Pool SWIMMING POOL	11  Caving	12  GREAT WAVES WATERPARK <small>at CATHERINE VALE REGIONAL PARK</small>
5	15  Water Mine	16  &  SWIMMING POOL	17 Whitewater Rafting 	18  wonderflyarena SWIMMING POOL	19 ⁸⁻⁵  GUPPY GULCH

2024



KAH

Adventure CAMP



Camp day is 9 am to 5 pm
**except where noted*

6	22 Rocky Point	23 Hiking SWIMMING POOL	24 Beaver Dam	25 PAINTBALL *8-5	26 GREAT WAVES LITTLE ROCK PARK NO EXTENDED CARE REGIONAL PARK
7	July 29 Water Mine	30 wonderfly arena SWIMMING POOL	31 Bay Fishing	August 1 Ocean City MARYLAND *7-7	2 Gunpowder Falls
8	5 GREAT WAVES LITTLE ROCK PARK NO EXTENDED CARE REGIONAL PARK	6 High Ropes Course SWIMMING POOL	7 Patapsco	8 PAINTBALL *8-5	9 Rocky Point
9	12 Water Mine *8:30 - 4:30	13 river riders family adventure resort Potomac Playpass *8:30 - 4:30	14 Hiking SWIMMING POOL *8:30 - 4:30	15 GUPPY GULCH *8-5	16 Medieval Times DINNER & TOURNAMENT & a Movie *8:30 - 4:30

No extended care available this week.

What to bring to camp:

- Bathing suit & Towel
- Lunch & Water Bottle
- Closed toe shoes



FAQ'S



Can my camper bring a cell phone?

At camp, we encourage campers to build connections with each other and take a break from electronic devices. We kindly request that all campers refrain from bringing their devices. Electronic devices will be collected by staff and returned to families at the end of the day. More about this can be seen in our Electronics Policy in this packet.



What if my child doesn't know how to swim?

We train our staff to assume that NONE of our campers know how to swim - no matter how many times they claim they are captain of the swim team. Campers must remain in designated areas where they can stand at all times. Campers will have the option to take a swim test to access deeper areas of the pool. Campers must always remain in areas supervised by lifeguards and our KAH staff. Our team is actively engaged in the water with the kids, and monitoring from the pool deck.

While our staff members may have lifeguard training, they serve as additional support to the pool staff and lifeguards. Swimming and water play at camp are incredibly fun, but we take safety extremely seriously during these activities.

Is there a camp orientation, will I be able to meet the staff before the first day of camp?

Absolutely! Join us for our Camp Orientation on June 11th at 7pm. This event is open to both kids and families, offering a chance to meet counselors and address any questions you may have. Should you have questions before the orientation, don't hesitate to contact your director (details provided in this packet) or reach out to our main office at 301-933-6888.

We're always happy to chat about camp!





FAQ'S



What is the process for drop off and pick up?

We will have greeters set out at the front of each location with staff there ready to welcome your camper! We do ask that you check-in/out your camper each day using our electronic system. This is used for security and accountability purposes. Our staff will guide your camper on where they should put their things, and help them get settled into our activities!

How are campers supervised on field trips?

Our staff are always actively engaged with campers during our trips as active participants in all activities. Campers will travel in groups supervised by a staff member. Attendance is taken at each transition of the day. We maintain a counselor-to-camper ratio of 1:10+1, exceeding the state's requirement of 1:15.

What method of transportation does KAH use for field trips?

Adventure Camp primarily uses school buses for transportation. These are typically the same buses and drivers that MCPS uses! On occasion, we may use 14-passenger vans operated by KAH staff who are over 21 and have completed a driving background check and a vehicle safety training.





FAQ'S



How and when is sunscreen applied?

Sunscreen application is done strictly by campers. We will remind our campers to put on sunscreen throughout the day. Our staff are trained on the importance of sun safety, and the risks associated with sunburns and UV rays.

Sun Safety Tips:

1. Have campers apply sunscreen before they come to camp
2. Send sun protective gear such as long-sleeve rash guards, and hats.
3. Label your sunscreen!
4. Face sticks and spray sunscreens are generally the easiest for campers to apply.

My child has allergies (or will need to take medication while at camp) what forms do I need?

Medication Administration Form

If your child has allergies/asthma/diabetes you will need to complete an **Action Form** as well as the **Medication Administration form**.

Medications should be turned in to the camp director or group leader on your child's first day of camp and they will be returned to you on your child's last day of camp.

