



# KIDS After Hours TWO week Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

**cereal & Milk**

Blueberry Muffins

**YOGURT**

**OATMEAL**

Bagels & Cream Cheese

Pm Snack

Make Your Own Sandwich & **STRING CHEESE**

**CHICKEN SALAD WRAP**

**Chips & Salsa**

**Chocolate Pudding and Rice Cakes**

**KAH Popcorn Friday!**

Breakfast

**cereal & Milk**

Bagels & Cream Cheese

**Oatmeal Bars & Fresh Fruit**

**YOGURT**

Blueberry Muffins

Pm Snack

**PITA HUMMUS & CHEESE STICKS**

**Carrots & Celery & Ranch Dressing**  
String Cheese & Fruit

Make Your Own Lunchables

**Chex mix & Carrots with Ranch Dressing**

**KAH Popcorn Friday!**

KAH is a **nut-free** Program.  
We have fresh apples every Day!  
Our menu may change as needed.

