

CAMP KAH



SUMMER 2026

Welcome To Camp

First off, we wanted to thank you for entrusting us with the care of your camper. It is a trust we work hard to keep. Between all of us, we have over one hundred and fifteen years of experience working in Kids After Hours and we continually undergo training and professional development courses to improve our knowledge and skill sets in order to best serve your camper!

Most of us being parents ourselves, we understand what a big deal this is to entrust your campers with us, but we want you to know that is from this perspective we do everything we possibly can to ensure their safety while also having a ton of fun! We have been planning this Summer since last Summer and we cannot wait for all of the **FANTASTIC** fun we have planned!

Meet Our
Directors



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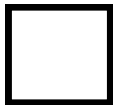


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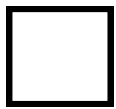
**Westbrook
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Before Camp To-Do List



1. Complete Summer Camp Forms:

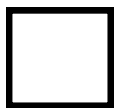
These can be found on our website at: <http://www.kidsafterhours.com> And, I know it stinks, but these need to be filled out even if your child is a returning camper or comes to us during the school year... OH! One more thing, you only need to fill out the **Medication Administration Form** and have a doctor sign the Emergency Contact form if your child will need to take medication during the camp day (**this includes emergency medication like epi-pens and inhalers**).



2. Look Over Camp Schedules!

Please double check to make sure your child is enrolled for the correct weeks! If you need to make any changes or have any questions, feel free to give us a call!

PLEASE CANCEL ANY WEEKS YOU NO LONGER NEED
We don't want you to pay for a week you will not use



3. Join Our Camp Orientation!

We would love for you and your child(ren) to join our camp orientation! It's not mandatory, but we would love the chance to meet you all! This is a great opportunity to meet the camp director, counselors, and ask any questions you have before camp begins! Camp Orientation will be **June 15th at 6:30 PM at your camp location!**



4. Know The Tuition Info:

We have automatic billing enabled for the summer, so if you are enrolled for autopay, you're all set. If you are not enrolled in automatic billing and would like to pay in full or need to rearrange due dates please let us know! The tuition dates can be seen below:

Weeks 1,2,3 will be due May 20th 2026
Weeks 4,5, and 6 will be due June 20th 2026
Weeks 7, and 8 will be due July 20th 2026



5. Get Ready For A GREAT Summer!

Check our "What to bring" lists on our website to see what your child will need for camp each day!

Summer 2026

CAMP KAH



JUN 29-JUL 2



JUL 6-10



JUL 13-17



JUL 20-24



JUL 27-31



AUG 3-7



AUG 10-14 FIELD TRIP WEEK

Smith Nature Center & Swimming - Clark Elioak Farm
Blandair Park - Wheaton Regional Park
Cookout & Water Games - Volcano Island
Pirates Cove Water Park - Gunpowder Falls
(Specific trips vary by day - more details to come!)



Camp Hours 8:30 AM - 4:30 PM

✗ No Before & After Camp Care this week

✗ No access to school buildings All days include off-site field trips

FIELD TRIP WEEK

WEEK 8 Aug 10-14th

MCPS is asking that we not be in the school buildings for the last week of camp. To take advantage of this, we will be going on AWESOME field trips.

We, unfortunately, will not be able to provide before and aftercare for this week.

Camp Hours for Week 8
8:30am - 4:30pm



CAMP KAH HITS THE ROAD!

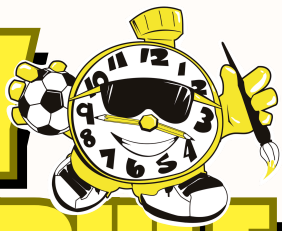


TRIP SCHEDULE COMING SOON!

HERE ARE SOME TRIPS WE HAVE GONE TO IN THE PAST:

- WATERMINE WATERPARK
- BROOKSIDE NATURE CENTER
- CLARK ELIOAK'S FARM
- GUNPOWDER FALLS
- WHEATON REGIONAL PARK
- BLANDAIR PARK
- ROCKVILLE MUNICIPAL PARK
- DULLES AIR & SPACE MUSEUM

DAILY SCHEDULE



***SAMPLE SCHEDULE, TIMES & ACTIVITIES MAY VARY BASED ON CAMP LOCATION**

7:30-9:00 AM BEFORE CAMP CARE

| | |
|--------------|--|
| 9:00 | ANOUNCEMENTS |
| 9:30 | ARTS & CRAFTS |
| 10:00 | WATER ACTIVITY |
| 10:30 | GYM GAMES |
| 11:30 | APR ACTIVITY (EX. SCIENCE EXPERIMENT, COOKING PROJECT, TEAMBUILDING) |
| 12:00 | LUNCH |
| 1:00 | GROUP GAMES |
| 2:00 | OUTSIDE TIME |
| 2:30 | WHOLE CAMP ACTIVITY |
| 3:30 | DISMISSAL |

3:30-6:00 PM AFTER CAMP CARE



Every day your camper will need...

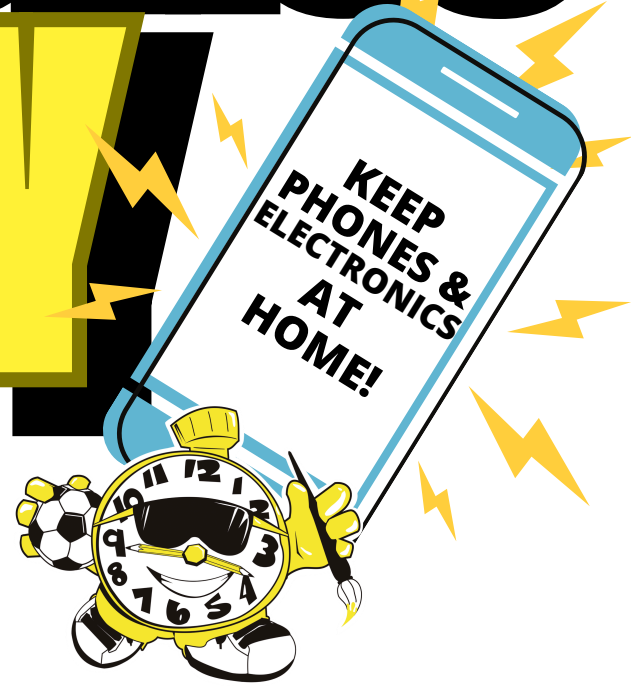
PACKING LIST

- Bathing Suit
- Towel
- Bag Lunch
- Sunscreen
- Change of Clothes
- Sneakers
- KAH Swim Shirt on Pool Days

IMPORTANT



ELECTRONICS POLICY!



Do you remember the butterflies in your stomach on the first day of school or joining a new team? Do you remember when you had to solve those little problems of childhood (where to sit, who to sit with, asking an adult for help)? Or how those jittery feelings at the beginning of the day slowly dissolved as you felt comfortable and learned that YOU could solve your own problems. These are important lessons that our children (grandkids in my case) need to learn as part of growing up. We want kids to tackle these movements head-on, without a digital crutch. Cell phones and electronics get in the way of that important growing process.

Cell phones and electronics hinder these important goals. Not to mention having to police the content kids may be viewing. For these reasons, phones and watches should NOT be brought to camp. Please don't have your child "hide" their phone in their backpack. When we see phones or electronics we will make sure they are kept safe for the day and we will return them to families at pick-up.

Devices found at camp will be collected by the KAH staff and given back to campers at the end of the day.

For campers who have been found using a cell phone (or other electronic devices) multiple times, staff may take further disciplinary action.

Electronics to keep at home include:

Phones, smartwatches, gaming devices (ex. Nintendo Switch), mobile devices, computers



FAQ'S



Can my camper bring a cell phone?

At camp, we encourage campers to build connections with each other and take a break from electronic devices. We kindly request that all campers refrain from bringing their devices. Electronic devices will be collected by staff and returned to families at the end of the day. More about this can be seen in our Electronics Policy in this packet.



What if my child doesn't know how to swim?

We train our staff to assume that NONE of our campers know how to swim - no matter how many times they claim they are captain of the swim team. Campers must remain in designated areas where they can stand at all times. Older campers (3rd grade and up) have the option to take a swim test to access deeper areas of the pool. Campers must always remain in areas supervised by lifeguards and our KAH staff. Our team is actively engaged in the water with the kids, and monitoring from the pool deck. While our staff members may have lifeguard training, they serve as additional support to the pool staff and lifeguards. Swimming and water play at camp are incredibly fun, but we take safety extremely seriously during these activities.

Is there a camp orientation? Will I be able to meet the staff before the first day of camp?

Absolutely! Join us for our Camp Orientation **June 15th at 6:30pm**. This event is open to both kids and families, offering a chance to meet counselors and address any questions you may have. Should you have questions before the orientation, don't hesitate to contact your director (details provided in this packet) or reach out to our main office at 301-933-6888. We're always happy to chat about camp!

MEET &
GREET



FAQ'S



What is the process for drop off and pick up?

We will have greeters set out at the front of each location with staff there ready to welcome your camper! We do ask that you check-in/out your camper each day using our electronic system. This is used for security and accountability purposes. Our staff will guide your camper on where they should put their things, and help them get settled into our activities!

How are children grouped?

Children are usually in groups by grade, and move together with their group throughout the camp day. Groups are typically classroom-sized (around 20 - 25 kids) and supervised by two counselors. We uphold a counselor-to-camper ratio of 1:10+1 at all times, better than the state's requirement of 1:15. If you have any requests for children to be together (or not) please let your director know.

Camp KAH Groups:



What method of transportation does KAH use for field trips?

Camp KAH primarily uses school buses for transportation. These are typically the same buses and drivers that MCPS uses! On occasion, we may use 14-passenger vans operated by KAH staff who are over 21 and have completed a driving background check and a vehicle safety training.





FAQ'S



How and when is sunscreen applied?

We apply sunscreen 3 times a day (morning, lunch, and afternoon). Sunscreen application is done primarily by campers, staff are available to assist with this if necessary. Our staff are trained on the importance of sun safety, and the risks associated with sunburns and UV rays.

Sun Safety Tips:

1. Apply sunscreen on your camper before they come to camp
2. Send sun protective gear such as long-sleeve rash guards, hats.
3. Label your sunscreen!
4. Face sticks and spray sunscreens are easiest for campers and staff to apply.
5. Encourage your camper to practice applying their own sunscreen before camp starts.

My child has allergies (or will need to take medication while at camp) what forms do I need?

Medication Administration Form

If your child has allergies/asthma/diabetes you will need to complete an **Action Form** as well as the **Medication Administration form**.

Medications should be turned in to the camp director or group leader on your child's first day of camp and they will be returned to you on your child's last day of camp.

